



**This is NOT a Cass School
District 63 Sponsored
Event/Organization**



KIRSTEN BOOK, PMHNP, FNP-BC



Join Kirsten Book, LLC & Dr. Kim Dennis

Park Your BMI at the Door



A new way to understand your
child's body image (and your own)

April 22, 9:30 am

**SunCloud Health
280 Shuman Blvd, Suite 190
Naperville, IL 60563**



Learning Objectives



Understand the American
Academy of Pediatrics
obesity recommendations
for children and adolescents

Recognize the potential
problems and risks
associated with these
guidelines

Teach parents and providers
how to protect larger-bodied
children from
unintended harm



Kirsten Book, FNP-BC, PMHNP-BC

Kirsten Book is a dual board-certified family nurse practitioner and psychiatric nurse practitioner who specializes in treating adolescents and adults struggling with eating disorders, substance use, and co-occurring disorders. Not only does Kirsten have the education and clinical experience, but she also is in recovery from an eating disorder. She uses her own personal experience to draw empathy, compassion, and humility when working with her patients.



Kim Dennis, MD, CEDS

Dr. Kim Dennis is a board-certified psychiatrist who specializes in treating addictions (substance, process and food), eating disorders and co-occurring disorders. She believes in and maintains a holistic perspective in the practice of psychiatry, incorporating biological, psycho-social and spiritual approaches into the individually-tailored treatment programs for each patient at SunCloud Health.



Please RSVP by April 20

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